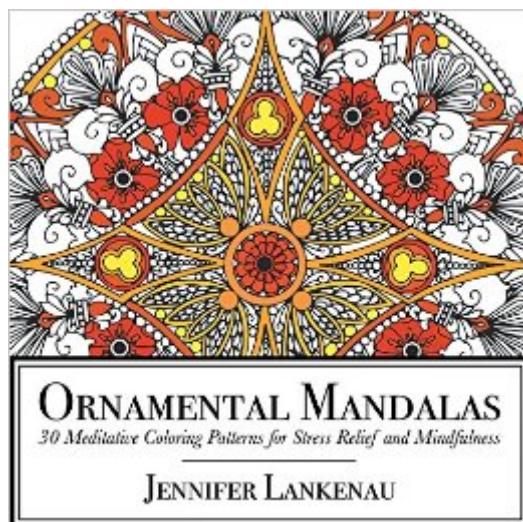


The book was found

Ornamental Mandalas: 30 Meditative Coloring Patterns For Stress Relief And Mindfulness



Synopsis

Designed to help you relax, open your mind, and free your creativity, the artist behind Serenity Swirls provides thirty gorgeous, inspiring new illustrations. From artist Jennifer Lankenau comes Ornamental Mandalas, a gorgeous, hand-drawn coloring book perfect for alleviating stress and exercising creativity with every swirl of your pen, pencil, or marker. Each unique and intricately designed mandala will pull you in, calm your nerves, and facilitate peaceful reflection. Printed on one side of the page, these 30 beautiful illustrations will delight budding artists and coloring enthusiasts alike.

Book Information

Paperback: 64 pages

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Product Dimensions: 8.5 x 0.2 x 8.5 inches

Shipping Weight: 0.3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (6 customer reviews)

Best Sellers Rank: #283,785 in Books (See Top 100 in Books) #182 inÂ Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns #7729 inÂ Books > Crafts, Hobbies & Home > Crafts & Hobbies #23390 inÂ Books > Humor & Entertainment

Customer Reviews

Mandalas and circular patterns are one of my favorite things to color. I've been enthralled with Angie Grace's Stress Menders (Balance, Breathe, Centered, and Transcend) series of books for months and find them what I reach for more often than anything else. I've bought at least 10 other mandala books, but none can live up to Angie's books...until now! I am so happy I came across Jennifer's books on Facebook and decided to order them. This book is STUNNING! The mandalas are unique and truly one-of-a-kind. There are some with little critters subtly hidden in the image (owls, fish, lizards, butterflies etc), quite a few with pretty little flowers, and a wide variety of illustrations throughout the book. The complexity of illustrations ranges from moderately easy (decent sized white spaces to color) to extremely intricate (very, very tiny details). There's a little something for everyone and if you're new to coloring, just pick the easy pages first and work your way up to the more challenging ones. This book has one-sided printing, a major plus! The paper is decent quality,

not thick like cardstock but not too thin or flimsy either. The paper will work great with alcohol markers, gel pens, and fineliners. It should also handle colored pencil just fine, though you may not get as much layering as you'd get with slightly thicker paper. I've seen a few people post lovely colored pencil colorings from this book already, though, so give it a try! The only thing I'd be wary of using on this paper is watercolor pencils/water-based markers. The paper is thin enough that it probably won't handle the addition of water well unless you use very, very minimal water. If watercolor is your thing, just copy them onto cardstock/watercolor paper so you don't have to miss out!

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